

# **DOT physicals at MedExpress**

#### Department of Transportation (DOT) physicals at MedExpress

At MedExpress, we have 700+ providers who are certified to complete DOT physicals and are always up-to-date on the latest regulations.

#### Does MedExpress offer scheduled DOT physicals?

We also accept walk-ins from 8 a.m. to 8 p.m. every day, but recommend that your drivers call the DOT Physical Registration Line at 1-844-832-2689 to register for a physical.

#### What should your drivers bring to their DOT physical?

In general, the DOT physical itself should take approximately 45 minutes. Before arriving for a DOT physical, it is important for the driver to gather the necessary information and documents to bring. The driver should bring:

- A valid driver's license
- MedExpress Employer Authorization Form (if they are being sent by you)
- · List of current medications, including over-the-counter medications and supplements
- List of past surgeries and medical conditions
- List of any allergies

Additionally, if the driver has any pre-existing conditions that require additional paperwork, they should bring the necessary documentation. Examples of additional documentation include a copy of a stress test or echocardiogram for those with a heart disease or completed medical exemptions for vision, hearing, or seizure disorders.

### Is a completed DOT physical health history required prior to arriving at the center?

No, if you schedule the physical via eScreen, you can choose to complete the health history portion of the DOT physical prior to arrival, but are not required to do so.

## What happens after the physical?

Upon finishing the physical exam, the provider will complete his or her assessment and the required physical paperwork. The provider can certify a driver for the full two-year period or chose a shorter time period if medically necessary. Some health conditions require routine annual monitoring while others may just need a shortened initial monitoring period while other testing is performed. A certification card will be provided to the driver at the conclusion of the visit. If the provider does not have enough information at the time of the exam, and approval isn't possible, the exam may be suspended while the additional information is gathered.

Register for your DOT physical today. Call-844-832-2689



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